

## Cancer Survivorship Workshop

Tuesday, January 29 – March 5th 11:00am - 1:00pm

Cancer CAREpoint Resource Center 2505 Samaritan Dr., Bldg. 400, Suite 402 San Jose

This six-week survivorship workshop is for people who have completed active treatment and are interested in processing the emotional impact of their cancer experience. The approach is realistic, honest and insightful.

Participants will have the opportunity to share feelings, hopes and fears and will be provided with practical tools and resources to move forward after cancer in a healthy way. Participants must be available for all sessions.

Space is limited and advance registration required. Program is free of charge.

