

Managing Your Pain

Pain is something that a lot of cancer patients are dealing with. There is a lot of information about pain and medication in the news and most of it isn't uplifting at all. For people with pain, it gets harder and harder to talk about because people don't know what to say.

Join Daya Fisch, MS, as she presents the current research about pain and learn strategies to help you advocate for yourself and explore treatment options.

Date: Monday, March 4, 2019

Time: 6:30-8:00pm

Location:

Cancer CAREpoint Resource Center
2505 Samaritan Dr., Building 400,
Suite 402, San Jose 95124



Presenter:

Daya Fisch, MS, trained in many therapeutic modalities and is a specialist in lymphatic massage. Daya's studies in Ayurvedic healing, yoga, nutrition, and massage techniques give her a holistic perspective in her work. (For more information on her background, see back of flyer.)

Space is limited and advanced registration is required. Please register by calling Cancer CAREpoint at: 408.402.6611 or email info@cancercarepoint.org.



Presenter:

Daya Fisch, MS, trained in many therapeutic modalities and is a specialist in lymphatic massage. Teaching since 1992, Daya is approved by NCTMB as a continuing education approved provider. She has worked at Stanford Hospital's Center for Integrative Medicine. In 2004, she founded the Breast Health Project. Daya's studies in Ayurvedic healing, yoga, nutrition, and massage techniques give her a holistic perspective in her work.