

# Lymphedema Seminar

## Prevention and Management for All Cancers

Lymphedema is a highly treatable and often preventable condition that manifests itself after damage to the lymph system from surgery, chemotherapy or radiation.

What is the lymphatic system and how does it work? Both prevention and treatment will be discussed along with the benefits of self-massage.

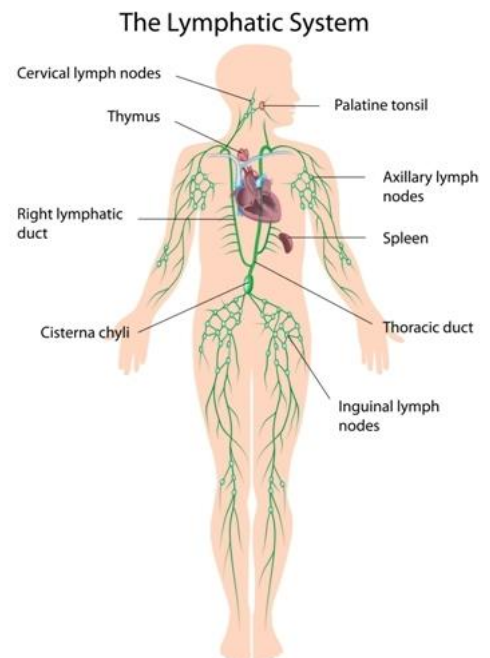
**Presenter:**

**Daya Fisch, MS**, trained in many therapeutic modalities and is a specialist in lymphatic massage. Teaching since 1992, Daya is approved by NCTMB as a continuing education approved provider. She has worked at Stanford Hospital's Center for Integrative Medicine. In 2004, she founded the Breast Health Project. Daya's studies in Ayurvedic healing, yoga, nutrition, and massage techniques give her a holistic perspective in her work.

**Date:** Thursday, January 17, 2019

**Time:** 6:30-8:00pm

**Location:** Cancer CAREpoint Resource Center  
2505 Samaritan Dr., Building 400, Suite 402, San Jose 95124



Space is limited and advanced registration is required. Please register by calling Cancer CAREpoint at: 408.402.6611 or email [info@cancercarepoint.org](mailto:info@cancercarepoint.org).