

Talking About Keto & Low Carb Diets: An Evening with a Dietitian

With the recent rise and popularity of the Ketogenic diet and fasting protocols in the management of chronic conditions and general health, we will discuss the use and limitation of nutrient restrictions and diet/lifestyle modifications in management of cancer.

Join Anzonette Pittet, RD, for the discussion about the research and diets.



Presenter:

Anzonette Pittet, RD (Kaiser Santa Clara Cancer Care Registered Dietitian), obtained her B.S. degree in Nutrition and Dietetics at the University of Stellenbosch. She worked as a Dietitian in the UK and Canada where she developed a passion for working in Oncology. In 2006, she joined Kaiser Santa Clara and the Cancer Care team, obtaining a Board Certification as Oncology Nutrition Specialist in 2008.



Date: Tuesday, March 12, 2019

Time: 6:30pm-8:30pm

Location: Cancer CAREpoint Resource Center
2505 Samaritan Dr., Building 400, Suite 402, San Jose 95124

Space is limited and advanced registration is required. Please register by calling Cancer CAREpoint at: 408.402.6611 or email info@cancercarepoint.org.